



London Legends Football Club – Risk Assessment

Club: London Legends FC

Location: London, UK

Assessment conducted by: Assad / first aider

Date: 01/08/2025

Review date: 01/09/2025

Hazards Identified & Risks

Hazard	Who is at risk?	Potential consequences	Existing control measures	Further action required
Playing surface (slips, trips, uneven ground)	Players, officials	Sprains, fractures, head injury	Regular pitch inspections; marked-out safe zones	Document inspections before each session
Weather (heat, cold, rain, lightning)	Players, coaches, spectators	Heatstroke, hypothermia, slipping	Session cancellation policy in extreme weather; water breaks; shelters	Provide extra hydration in summer & warm-up gear in winter
Equipment (goals, balls, cones, bibs)	Players, coaches	Cuts, impact injuries, falling goalposts	Goalposts secured; equipment regularly checked	Keep log of checks
Collisions / contact injuries	Players	Sprains, fractures, concussion	Qualified coaches supervise; FA-approved rules enforced	Encourage safe play & concussion awareness

Safeguarding concerns	Children & vulnerable adults	Emotional/physical harm	Safeguarding officer in place; DBS checks; codes of conduct	Ongoing safeguarding training
First Aid / Medical emergency	Players, coaches, spectators	Worsening of injuries/illness	First aid kits at all sessions; trained first aiders; emergency contacts collected	Regularly update first aid training
Transport (to/from matches & training)	Players, especially youth	Road accidents, late arrivals	Encourage use of safe transport; parental consent for lifts	Formalise travel policy
Fire / Facility safety	Players, coaches, visitors	Burns, smoke inhalation, evacuation issues	Awareness of fire exits, assembly points	Conduct annual fire drill with venue
COVID-19 / Infectious illness	All attendees	Illness, spread of infection	Follow FA / Public Health guidance; encourage hygiene	Review policy regularly
Spectator behaviour	Players, coaches, refs	Aggressive or disruptive behaviour	Code of conduct for parents/spectators; respect campaigns	Remind spectators before games

Risk Ratings (example)

- Low = Unlikely to cause harm, with existing controls in place
- Medium = Possible harm; requires monitoring & improvement
- High = Significant likelihood; urgent control measures needed

Most hazards identified are medium risk but controllable with good procedures.

Emergency Procedures

First aid point: home changing room

Nearest hospital: Queen Elizabeth

Emergency contact numbers: 07456 973003

Evacuation procedure: Follow venue-specific instructions

Responsibilities

Club Committee: Ensure policies are in place & reviewed

Coaches/Managers: Daily implementation & supervision

Safeguarding Officer: Child protection & welfare oversight

All Members: Adhere to safety rules & report hazards